

26th Season

Sunday

Catching	9:00am – 11:00am	Ages 9-18	\$235.00
Hitting	11:00am – 12:20pm	Ages 9-18	\$215.00
C & H	9:00am – 12:20pm	Ages 9-18	\$410.00
Pitching	12:20pm – 2:00pm	Ages 9-18	\$225.00
H & P	11:00am – 2:00 pm	Ages 9-18	\$400.00

Total _____

Please Make Checks To Mark Avery

Name _____

Address _____

City _____ Zip _____

Phone (____) ____-____

E-Mail Address Confirmation
_____@_____

I wish to enroll in the 2017 Avery's All-Star Baseball Camps. Neither Avery's All-Star Baseball Camps, Visionary Industries, Inc., the Director, nor anyone else connected with the camp assumes responsibility for accidents (medical, dental) or any injuries incurred as a result of attendance at this camp. My parents or guardian authorizes the directors of the baseball camp to act in their best judgment in any emergency requiring medical attention. I will furnish my own insurance.

Applicant's signature _____

Parent's or guardian's
signature _____

Health and accident insurance company Policy #

Cut and Return This Portion to: 1871 Fair Oak Court, Rochester Hills, MI 48309

Avery's All-Star Baseball Camps
1871 Fair Oak Court
Rochester Hills, MI 48309

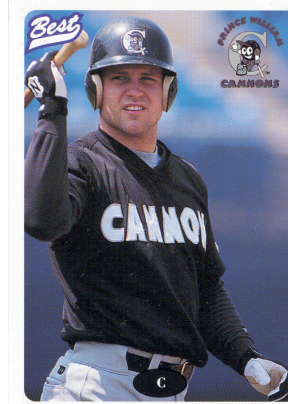


Avery's All-Star Baseball Camps

Professional Instruction
(Over 100 Years Coaching Experience)

Personal Attention
(Coach to Camper Ratio 4-1)

Celebrating Our 26th Year!
Over 260 Campers Have Reached
College and Over 25 Campers Have
Played Professional Baseball



Mark Avery

Five Consecutive Weeks

Sunday Camps Start January 22, 2017

Phone: 586-362-3583
Web site: www.markaverybaseball.com



Hitting Camp

Corrects Aluminum Bat Swing.

Emphasis is placed on driving the ball to all fields.
Wood bats will be used exclusively. Provided at camp.
Five different drills, hundreds of swings a week.
Film analysis. ***Take Home Video Analysis.***

CAMP MEETS:

Sundays: January 22, 29 February 5, 12, 19

Sessions Run 75 Minutes

Mandatory Stretching Begins 10 Minutes Prior to Session

Pitching Camp

Major League Theory of Developing Maximum Velocity

- ♦ Pitching Mechanics - Development of Proper Delivery.
- ♦ Pre-Season Preparation - How to Prepare for the Upcoming Season.
- ♦ Fielding for Pitchers - Handling your Position Defensively.
- ♦ Pitch Development - Correct Development of Individual Pitches.
Film Analysis-***Take Home Video Analysis.***

CAMP MEETS:

Sundays: January 22, 29 February 5, 12, 19

Sessions Run 90 Minutes

Mandatory Stretching Begins 10 Minutes Prior to Session

Catching Camp

Three Areas of Emphasis:

- ♦ **Throwing Mechanics: Proper Arm and Foot Actions.**
- ♦ **Blocking Techniques: Form for Blocking All Pitches**
- ♦ **Receiving Techniques: Framing and Signal**

CAMP MEETS:

Sundays: January 22, 29 February 5, 12, 19

Sessions Run 120 Minutes

Mandatory Stretching Begins 10 Minutes Prior to Session

**New Location - 925 N Lapeer Road, Oxford
For Camps only**

